

Quiz Psychological Disorders

Name _____

MULTIPLE CHOICE. Choose the one alternative that best completes the statement or answers the question.

- 1) According to Seligman, the most likely reason for the development of depression is 1) _____
- A) learned optimism.
 - B) learned helplessness.
 - C) cognitive distortions.
 - D) unconscious conflict turned inward.
 - E) genetics.
- 2) Personality disorders are characterized by 2) _____
- A) a disposition that makes it hard for someone to get along with others.
 - B) delusions and hallucinations together.
 - C) extreme manipulateness and dishonesty toward others.
 - D) major depression and anxiety together.
 - E) inflexible and long-standing maladaptive behaviors.
- 3) More _____ attempt suicide, while more _____ complete suicide. 3) _____
- A) adolescents; children
 - B) females; males
 - C) medicated people; unmedicated people
 - D) males; females
 - E) older adults; young adults
- 4) Which of these is a list of symptoms associated with major depressive disorder? 4) _____
- A) sadness, loss of appetite, insomnia, and guilt
 - B) delusions, hallucinations, catatonia, and tension
 - C) tension, panic attacks, withdrawal, and avoidance
 - D) excessive energy, irritability, and euphoria
 - E) excessive emotion and attention-getting behavior

- 5) When Sally discussed the dog she had raised from a puppy being killed by a car, she giggled hysterically. Sally is exhibiting _____ affect. 5) _____
- A) cyclic
 - B) inappropriate
 - C) ambivalent
 - D) flat
 - E) disorganized
- 6) Believing cockroaches are actually government monitoring devices would be a(n) _____; seeing cockroaches under your skin would be a(n) _____. 6) _____
- A) catatonia; paranoia
 - B) delusion; hallucination
 - C) delusion; illusion
 - D) paranoia; catatonia
 - E) hallucination; delusion
- 7) Connie has schizophrenia and sits for long periods with her arms outstretched, looking like a statue. At other times she is extremely agitated and excitable. Connie's diagnosis is likely to be _____ schizophrenia. 7) _____
- A) catatonic
 - B) paranoid
 - C) residual
 - D) disorganized
 - E) undifferentiated
- 8) Joel is worried about almost everything it seems. He has had this feeling for about a year, suffers from apprehension and has difficulty concentrating. This is likely 8) _____
- A) panic disorder.
 - B) dissociation reforming disorder.
 - C) agoraphobia.
 - D) generalized anxiety disorder.
 - E) schizophreniform disorder.
- 9) DSM stands for 9) _____
- A) Dialectic Synthesis Model of Mental Disorders.
 - B) Different Standards of Mental Disorders.
 - C) Doctor's Statistical Model of Mental Disorders.
 - D) Diagnostic Sanity Manual of Mental Disorders.
 - E) Diagnostic and Statistical Manual of Mental Disorders.

- 10) There is evidence for a biological contribution to _____ disorders, but evidence is not strong for a biological contribution to _____ disorders. 10) _____
- A) adjustment; phase of life
 - B) violent; calm
 - C) mood and anxiety; dissociative
 - D) behavioral; emotional
 - E) personality; adjustment
- 11) Sally is constantly afraid something bad will happen to her family, and the only way she can control the anxiety is to count items in her environment and arrange things into patterns. Sally most likely suffers from _____ disorder. 11) _____
- A) histrionic personality
 - B) borderline personality
 - C) generalized anxiety
 - D) obsessive-compulsive
 - E) dissociative identity
- 12) The term "psychotic" refers to people who suffer from _____ 12) _____
- A) a gross lack of reality testing.
 - B) some form of anxiety disorder.
 - C) sexual deviations or disorders.
 - D) exaggerated feelings of sadness and guilt.
 - E) exaggerated feelings of self-worth.
- 13) A behavior that is atypical, socially unacceptable, distressing, maladaptive, and results from distorted thinking is considered _____ 13) _____
- A) abnormal.
 - B) illegal.
 - C) evil.
 - D) immoral.
 - E) insane.

- 14) Lisa sometimes becomes "Tina" which is another personality existing within Lisa that comes to the surface and takes over her consciousness. While Lisa is usually reserved, "Tina" is very forward and abrasive. This is an example of _____ 14) _____
- A) major depressive disorder.
 - B) paranoid schizophrenia.
 - C) dissociative identity disorder.
 - D) bipolar disorder.
 - E) generalized anxiety disorder.
- 15) Lynda's therapist believes that her compulsive behavior is caused by a chemical abnormality in her brain, and has prescribed medication to treat it. This therapist probably subscribes to the _____ model of abnormality. 15) _____
- A) eclectic
 - B) psychodynamic
 - C) cognitive
 - D) medical-biological
 - E) behavioral
- 16) According to the cognitive view of depression, the primary factor in causing depression is _____ 16) _____
- A) anxiety caused by unconscious conflicts.
 - B) lack of reinforcers in your environment.
 - C) low levels of norepinephrine in the brain.
 - D) negative, critical thoughts about yourself.
 - E) conditional love from your parents as a child.
- 17) All of the following are affected by the schizophrenias EXCEPT _____ 17) _____
- A) reality testing.
 - B) emotions.
 - C) behavior.
 - D) long-term memory.
 - E) perception.
- 18) Children who have been sexually abused are at increased risk for _____ 18) _____
- A) posttraumatic stress disorder.
 - B) paranoid schizophrenia.
 - C) histrionic personality disorder.
 - D) dependent personality disorder.
 - E) catatonic schizophrenia.

- 19) On how many axes does the DSM-IV-TR divide diagnostic information? 19) _____
A) 6 B) 2 C) 3 D) 5 E) 4
- 20) What is the term for a period of extreme elation, euphoria, and hyperactivity, which is often accompanied by delusions of grandeur? 20) _____
A) manic phase
B) hyperinflationary state
C) delusional euphoric phase
D) paranoid phase
E) seasonal euphoric phase
- 21) Because different models apply to different phenomena in varying degrees, many psychologists today use a(n) _____ approach. 21) _____
A) social
B) eclectic
C) physical
D) psychological
E) environmental
- 22) Personality disorders can be found on _____ in the DSM-IV-TR. 22) _____
A) Axis II B) Axis III C) Axis IV D) Axis V E) Axis VI
- 23) Clinicians are trying to be more _____ in order to make more accurate diagnoses. 23) _____
A) open-minded
B) reserved
C) culturally sensitive
D) religious
E) rigid
- 24) Uma cannot get over the fear that she will have a panic attack in the mall or in line at the store and won't be able to get out or will be terribly embarrassed. This is 24) _____
A) a delusion.
B) specific phobia.
C) agoraphobia.
D) a compulsion.
E) a hallucination.

- 25) Bipolar disorder appears to have _____
- A) a reinforcing component for depressive phases.
 - B) strong ties to high levels of anxiety.
 - C) no effective treatments.
 - D) some biological or chemical basis.
 - E) a temporary course, with a high likelihood of cure within days.
- 26) Jeff experiences sudden shifts in consciousness that cause him to temporarily forget his identity. This is characteristic of a _____ disorder. _____
- A) dissociative
 - B) personality
 - C) mood
 - D) behavioral
 - E) anxiety
- 27) Pamela suffers from a disorder in which she suddenly forgot extensive personal information due to a trauma she experienced. Pamela is suffering from _____
- A) somatoform disorder.
 - B) conversion disorder.
 - C) schizophrenia.
 - D) dissociative identity disorder.
 - E) dissociative amnesia.
- 28) Multiple personality disorder is the more common name for _____
- A) somatoform disorder.
 - B) schizophrenia.
 - C) dissociative identity disorder.
 - D) conversion disorder.
 - E) dissociative amnesia.
- 29) The group of disorders that involves a severe lack of reality testing and a deterioration of social and intellectual functioning is called the _____
- A) depressive disorders.
 - B) psychoses.
 - C) factitious disorders.
 - D) anxiety disorders.
 - E) schizophrenic disorders.

- 30) There are two forms of catatonic schizophrenia. They are termed 30) _____
- A) hallucinatory and delusional.
 - B) excited and withdrawn.
 - C) manic and depressive.
 - D) elated and sad.
 - E) sane and insane.
- 31) Gary is often incoherent and switches between giggling, crying, and no affect, without warning or reason. He wanders around with a doll which he licks at times. He is most likely to be diagnosed as having the _____ type of schizophrenia 31) _____
- A) residual
 - B) paranoid
 - C) catatonic
 - D) disorganized
 - E) undifferentiated
- 32) Personality disorders are divided into three broad clusters, consisting of 32) _____
- A) neurotic/psychotic, forceful/aggressive, and schizophrenic/dissociative.
 - B) odd/eccentric, fearful/anxious, and dramatic/erratic/impulsive.
 - C) forceful/aggressive, somatizatic/hypochondriacal, and fearful/anxious.
 - D) dissociative/amnesia, multiple personalities, and antisocial/borderline.
 - E) somatizatic/hypochondriacal, obsessive/compulsive, and depressive/manic.
- 33) About _____ people in the U.S. commit suicide each year. 33) _____
- A) 100,000
 - B) 300,000
 - C) 30,000
 - D) 3,000
 - E) 1,000,000
- 34) Symptoms people with schizophrenia experience that normal people do not experience are known as _____ symptoms. 34) _____
- A) positive
 - B) flat affect
 - C) verbal
 - D) negative
 - E) deficient

- 35) The presence of delusions is not common in _____ disorders, but is more common in _____ disorders. 35) _____
- A) cognitive; emotional
 - B) schizophrenic; behavioral
 - C) anxiety; mood
 - D) dissociative; personality
 - E) personality; anxiety