

## TRENDS THAT SHAPE PSYCHOLOGY

Chapter 1

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What Trends Currently Shape Psychology?

The Changing Face of Psychology  
Women in Psychology

- Between 1920 and 1975
  - Women received < 25% of Ph.D.'s
  - Mary Whiton Calkins
  - Margaret Washburn
  - Leta Stetter Hollingworth

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Women in Psychology

Today, women earn:

- 73% of bachelor's degrees in psychology
- Nearly 70% of new doctorates

Still underrepresented in experimental psychology and academia

Research by and about women is prominent

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### Ethnic Diversity in Psychology

- Situation changing more slowly
- 23% of membership of American Psychological Association (APA)
- Receive 19% of doctoral degrees in psychology

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### Notable Early African American Psychologists:

- Gilbert Haven Jones
- Inez Prosser
- Howard Long
- Albert Beckham

### Francis Sumner, "Father of African American Psychology"

- Kenneth Clark influenced Supreme Court
- Work with Mamie Phipps Clark is classic

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### Notable Latino/Latina Psychologists

- Martha Bernal
- Manuel Barrera
- R. Diaz-Guerrero
- Jorge Sanchez
- Melba J. T. Vasquez
- Clarissa Pinkola Esteis
- Salvador Minuchin

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### Diversity

- Strengthens psychology
- Helping professions are more effective for more people
- Diversity brings a variety of research interests to the field

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### Who Are Psychologists?

Professionals who:

- Study behavior and mental processes
- Use behavioral principles in scientific research or applied settings
- Not all psychologists are practitioners who treat mental health problems

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### Types of Mental Health Practitioners

#### Clinical Psychologists

- Diagnose and treat emotional and behavioral problems
- Have a Ph.D. or Psy.D.
- Usually work in hospitals, clinics, private practice

#### Counseling Psychologists

- Used to focus more on treating "normal" problems
- Now, very similar to clinical psychologists

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## Psychiatrists

- Psychiatrists are medical doctors, not psychologists
- Can prescribe medications and admit patients to the hospital
- Most **psychoanalysts** (including Freud) are psychiatrists, not psychologists

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## What Psychologists Do

Psychologists don't just help people with problems

Provide career counseling and assist with community projects

- School and community psychologists

Provide services to well-adjusted people

- Improving performance of professional athletes, musicians

Conduct research

- Experimental psychologists

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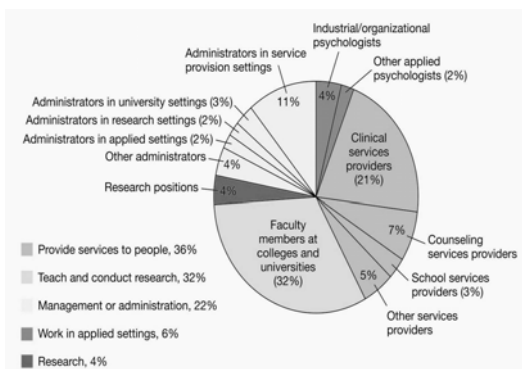
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## Making Psychology A Career



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### Homework Assignment (15 Points)

Pick 3 areas in the field of psychology that interest you.

(If you are not a psychology major then pick 3 different are within your major)

Describe these areas and why they appeal to you.

Also research the pay scales for the 3 fields that you picked.

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